

TEN TORS RULES

1 OCT 18

INTRODUCTION

Responsibilities

1. Director. The Director Ten Tors (the Army's Commander South West) is responsible to the Army for the safe and efficient conduct of the Ten Tors Event as well as safeguarding the Army's reputation in regard to all aspects of Ten Tors. The Director may amend these Rules at any time and in all matters the decision of the Director is final.

2. Head of Establishment (HoE). The HoE (the head teacher of a school, the commandant of a cadet force, the district commissioner of scouts, the chairman of a rambling club or similar for other establishments) is responsible, on behalf of the employer, for the safety of their participants in training, although this may be delegated to a designated Team Manager (TM). The HoE must assure the Director Ten Tors that all the team management are competent and suitable for the role to which they are assigned. By sponsoring an entry the HoE accepts responsibility for all participants' behaviour in training and during the Event; this includes individuals who are not members of their own establishment.

3. Team Manager. The TM, appointed by the HoE, is responsible for all aspects of their Team's training. With the agreement of the HoE, the TM may delegate training and other duties to competent and qualified Training Event Leaders, deputies and assistants. Prior to the start of a Challenge, the TM is required to assure the Director that all participants are eligible to participate, agree to abide by the Ten Tors Rules, Charter and ethos, and are sufficiently trained, physically prepared and suitably equipped to complete it unaided even in adverse conditions. During the Event the TM is responsible for the conduct and safety of participants before the start and after the finish of their Challenge, and of the team staff and supporters at all times.

4. Participants. By taking part in Ten Tors training and participating in the Event, participants agree to strive to achieve the Charter's objectives and obey the Ten Tors Rules.

PRE-ENTRY

General

5. Eligibility. Establishments from the South West Region (Bristol, Wiltshire, Gloucestershire, Somerset, Devon, Dorset and Cornwall) may enter teams. Teams may be accepted from elsewhere at the discretion of the Director Ten Tors.

6. Medical Conditions. TMs are required to disclose participants' pre-existing medical conditions (including allergies) and any medications being used, and to certify a participant's fitness to undertake their Challenge. Any doubt as to the fitness of the participant is likely to require a dialogue between the TM and a medical practitioner familiar with the rigours and remoteness of the Challenge and documentation of the person's fitness to undertake it. Careful consideration should be given to the potential time delay before external medical support can be provided given that this may require foot movement over long distances and arduous terrain.

7. Liability. The Ten Tors organisers do not accept liability for any injuries (including injuries resulting in death) arising from participation in the training or Challenges except to the extent that any such injury arises from the neglect or default of organisers. The HoE and/or participants are advised to consider other insurance requirements.

8. Data Protection. The HoE is required to provide assurance that parents have given their approval for participants' personal details to be stored and used by the organisers for Ten Tors' purposes including informing the medical and emergency services.

9. Photography. Official photographers record images of training and the Event. The HoE is required to certify that parents/ guardians have given their approval for suitable and appropriate photographs to be taken, stored and published.

10. Infringements. Individuals, teams and establishments agree to follow these Rules and accept that at any stage during the training and the Event the Director may penalise them for any of the following:

10.1. Breaking these Rules or any other directions given by the Ten Tors Organisers.

10.2. Activities likely to bring Ten Tors into disrepute.

10.3. Failing to complete the administrative processes on time.

11. Penalties. Penalties may include disqualification from present or future events. In all cases the decision of the Director is final.

Additional Rules for the Ten Tors Challenge

12. Age. All those taking part in the Ten Tors Challenge must be between the ages of 14 and 19 as at the 31 August of the year of the Event.

13. Composition of Teams. A Ten Tors Challenge team is to consist of 6 eligible individuals of any mix of gender within the appropriate age range. Team reserves may be selected but they are not allowed to accompany teams, join them or substitute during the Challenge. A breakdown of the teams against distance and age is as follows:

13.1. 35 miles for 14 and 15 year olds.

13.2. 45 miles for 16 and 17 year olds.

13.3. 55 miles for 18 and 19 year olds (17 year olds may participate if they have previously completed the 35 or 45 mile Challenge).

14. Self Sufficiency. Those requiring medical or supportive intervention and management, which cannot be self-administered, are not permitted to participate.

15. Individual training requirement. Before the Event participants must complete a structured and progressive programme of training which includes as a minimum:

15.1. 4 days of training on Dartmoor.

15.2. 2 nights of wild camping on Dartmoor.

15.3. Experience of walking in an unsupervised group.

16. Team training requirement. In addition to the above Teams must:

16.1. Be sufficiently trained, physically prepared and suitably equipped to enable the team to operate safely on their own and complete the Challenge unaided even in adverse conditions.

16.2. Train as a team on at least one expedition noting that best practice would be to conduct regular training as a defined team. Last minute composite teams are not permitted.

Additional rules for the Jubilee Challenge

17. Age. All those taking part in the Jubilee Challenge must be between the ages of 14 and 21 as at 31 August of the year of the Challenge.

18. Composition of Teams. Teams may consist of up to 8 participants of any mix of gender. Reserves may be selected but they are not allowed to accompany teams, join them or substitute during the Challenge.

19. Individual Entries. Individual entrants are permitted.

20. Accompanying adults. Entrants must be accompanied as detailed further on in these Rules.

PRE-EVENT

21. Applications to enter. Applications, which must be authorised by the HoE, are to be made to the Ten Tors Secretary and are to arrive by the deadline announced on the Ten Tors website. Late entries will not be accepted.

22. Entrant selection. The Event is often heavily oversubscribed. The allocation of vacancies will be carried out by the Organisers using the factors below.

22.1. Establishment cohort size. The number of pupils or members in the respective age groups.

22.2. Past behaviour. Infringements in both training and the Event recorded against the Establishment in the past 3 years.

22.3. Past Performance. The Establishments' record of teams/individuals completing their Challenge in the past 3 years.

23. Acceptance. Selection results will be published on the Ten Tors website.

24. TMs' Briefing Day. The TMs' Briefing Day is held in the October of the year preceding the Event. Each participating Establishment must be represented at the Briefing Day by a TM or designated subordinate who will be present at Okehampton Camp throughout the Event. The TM must have attended a Briefing Day within the 3 years preceding the Event.

25. Pre-registration. The TM is responsible for pre-registering their provisional team members' names, date of birth and pre-existing medical conditions on line by the date published on the Ten Tors website. For the JC this includes the details of accompanying adults.

TRAINING

General

26. Requirement. The Ten Tors and Jubilee Challenges are demanding expeditions. Thorough preparation and training are essential to complete the Challenges safely. The HoE is responsible, through their TM, for the conduct of training. The MOD accepts no responsibility for safety in training.

27. Incidents. The Ten Tors Secretary, or at weekends the Ten Tors Duty Officer, is to be informed within 48 hours of any incident in training that:

27.1. Involves the emergency services.

27.2. Results in hospital treatment.

27.3. May result in media coverage.

27.4. May lead to complaint from a 3rd party.

Additional rules for training in the Dartmoor National Park (DNP)

28. The Green Card. The detailed rules for training in the Dartmoor National Park are contained in the Green Card which is to be obeyed at all times.

29. Compliance. MOD, Ten Tors, and Dartmoor National Park Authority officials will monitor training on Dartmoor to ensure compliance with these Rules.

THE EVENT

General

30. Routes. All locations shown on a route must be visited in the sequence shown.

31. Public Roads and Rivers. The River Crossing and Road Access Rules, which are designed to minimise risk and maximise resilience, are at [Annex A](#) to these Rules.

32. Clothing and equipment. The TM is responsible for ensuring that individuals are equipped to complete their Challenge. A list of items that must be carried or worn is at [Annex B](#) to these Rules.

33. TM's responsibilities. TMs and Team staff are to obey the Orange Card which details their responsibilities during the Event.

34. Participants' responsibilities. Participants are to obey the Pink Card which details the relevant rules and procedures for their Challenges.

35. Pets. Dogs and other pets are not allowed to accompany either of the Challenges.

Additional rules for the Ten Tors Challenge

36. Self Sufficiency. The Challenge must be completed without outside assistance.

36.1. Participants are to be responsible for their own preparations. The TM is to check that their team has correctly planned its route, has organised itself and is suitably equipped, and then let them carry out the Challenge unaided.

36.2. Each team must carry all its requirements for the Challenge and must be completely self-contained.

36.3. Except where specified in Annex B, the carriage or use of any mobile phone, 2-way radio, GPS or any other artificial aid is forbidden.

36.4. Outside assistance, including entering shops, places of refreshment and public toilets, or receiving any advice or support, is forbidden. The only exception to this is within 500 metres of the start and finish where team officials and supporters are permitted to encourage and enthuse.

36.5. Ten Tors officials and manned locations will not compromise the unsupported aspect of the Challenge.

37. Overnight Camping. Teams must rest overnight.

37.1. **All routes.** No team may pass its 8th 'Tor' on its route before 0600hrs on (D+1) Sunday.

37.2. **35 mile Routes.** By 2000hrs on Saturday evening, teams on 35 mile routes are to camp at one of the Safety Controls/Checkpoints on their route. Location staff will order a team to camp if it is after the Night Stop Time printed on the Control Card as otherwise there will be insufficient time to reach the next location by 2000hrs.

37.3. **45 and 55 mile Routes.** Teams on these routes may check into Safety Controls/Checkpoints on their routes until 2200hrs. No Control Card will be endorsed between 2200hrs Saturday and 0600hrs Sunday.

38. Finish. The Challenge finishes at 1700hrs Sunday although may be extended if:

38.1. The official start time is delayed.

38.2. A Ten Tors official has detained a team en-route as recorded on the team's control card.

38.3. The Director Ten Tors orders.

Additional rules for the Jubilee Challenge

39. The Challenge. It is the responsibility of TMs to select whichever of the following routes is best suited to the abilities of the individual or Team.

Route	Distance (Miles)	Remarks
JC1	7	Suitable for those in appropriate wheelchairs or tricycles.
JC2	9	Cross Country.
JC3	12.5	Cross Country.
JC4	15	Cross Country. JC4's ascent and descent are more demanding than JC3.
Fresh Tracks	13.5	Fresh Tracks only.

40. Groupings. Participants may undertake the Challenge either as individuals or Teams. Teams may contain 2 to 8 challengers from any number of establishments and are provisionally designated on pre-registration.

41. Self Sufficiency. Although the ethos of Ten Tors is of self-sufficiency, the following measures are to be followed at all times during the Challenge:

41.1. Each individual / Team must be accompanied by at least 2 responsible adults.

41.2. One of the accompanying adults is to be a qualified Walking Leader. The Walking Leader is responsible for the safety of the individual / Team throughout the Challenge and is to hold a Hill & Moorland / Summer Moorland Leader qualification except for Route 1 where a Lowland / Coast & Countryside Leader qualification is sufficient.

41.3. Individuals must be accompanied by a DBS-checked adult; Teams must be accompanied by 2 DBS-checked adults. If DBS-checked the Walking Leader may count towards this requirement. Any individual who falls / crashes out is to be accompanied by a DBS-checked adult through the Fall Out system.

41.4. Other assistants may accompany individuals / Teams, however they cannot act as Walking Leaders or DBS-checked adults unless qualified to do so.

41.5. Individuals may be accompanied by up to 5 people (including the Walking Leader, DBS-checked adult, other assistants etc.). The total walking with and as a team (i.e. all those walking including Team members, accompanying assistants and others) is not to exceed 12 people.

41.6. If at any stage an individual or Team is no longer sufficiently accompanied they will be held at a Safety Control until or unless the deficiency can be made good.

41.7. TMs must Pre-Register all those accompanying participants with the Ten Tors organisers and at Registration must certify that they are sufficiently trained, physically prepared and suitably equipped to complete the Challenge.

41.8. At Pre-Registration Walking Leaders may request that a member of the Ten Tors staff accompany their Individual / Team through the Challenge however this assistance will be at the Director's discretion and is not guaranteed.

42. Photography. TMs are to inform the Organisers at Pre-Registration of any participants who are likely to react adversely to photography so suitable arrangements can be made. The organisers cannot guarantee that photography will not occur and TMs are reminded that a condition of entry is that suitable and appropriate photographs may be taken, stored and published.

43. Finish. The Challenge finishes at 1800hrs on the Saturday. The finish time may be extended on the orders of the Director Ten Tors.