

ANNEX B – MANDATORY CLOTHING AND EQUIPMENT

1. The following items must be carried throughout the Ten Tors Challenge (TTC) and Jubilee Challenge (JC).
2. These are the **minimum** items and quantities that must be carried – more may be required to ensure individuals are suitably equipped to complete their Challenge unaided even in adverse conditions. Notwithstanding compliance with this list, the organisers may remove participants from a Challenge before or after its start if they consider them to be unsuitably clothed or equipped for the forecast conditions.
3. An asterix (*) indicates that the item will be issued at Registration.

Individual				
Category	Item	Quantity		Remarks
		TTC	JC	
Safety	Wrist band*	1	1	Insert is personalised to individual.
	Whistle	1		
	Torch	1		
	Personal medication	As required		Location to be known to all in Team (TTC) or by accompanying adult (JC).
Load carriage	Rucksack	1	1	
Clothes	Base layer	2	1	When not being worn to be packed in waterproof bag(s).
	Intermediate layer	1	1	
	Insulation layer	1	1	
	Trousers	1	1	
	Socks, pair	2	2	
	Waterproof clothing	1	1	Jacket and trousers
	Gloves, pair	1	1	
	Hat	1	1	Suitable for conditions
	Boots, pair	1	1	
Rations	Rations	4 meals	1 meal	TTC to include at least 2 hot meals.
	Emergency rations	1	1	High energy foodstuffs to be clearly marked and in sealed bag.
	Water	1 Litre	1 Litre	In suitable container.
Sleeping system	Sleeping mat	1		
	Sleeping bag	1		Must be certified under EN 23537 or EN 13537 with a Lower Limit of -2C or less. Must be stowed in a waterproof bag.

Team / Group														
Category	Item	Quantity		Remarks										
		TTC	JC											
Safety	Map	2	1	Waterproofed and showing all Annex A details, access land and Challenge locations. At least one to be DTA GSGS 6500 Edn 2.										
	Compass	2	2											
	Watch	2	2											
	First aid pack	2	2	To include: <table border="1" data-bbox="943 453 1939 579"> <tr> <td>6 x plaster</td> <td>Wound dressing</td> <td>Cleansing wipes</td> <td>Latex gloves</td> <td>Zinc oxide tape</td> </tr> <tr> <td>2 x triangular bandage w/pins</td> <td>2 x gauze dressing</td> <td>Blister kit</td> <td>Tick remover</td> <td>Blunt scissors</td> </tr> </table>	6 x plaster	Wound dressing	Cleansing wipes	Latex gloves	Zinc oxide tape	2 x triangular bandage w/pins	2 x gauze dressing	Blister kit	Tick remover	Blunt scissors
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	2 x triangular bandage w/pins	2 x gauze dressing	Blister kit	Tick remover	Blunt scissors									
	Control Card*	1	As issued											
	Pink Card*	2	2											
	Hi viz vest	2	1	For use in emergency or when crossing roads; reflective bands not sufficient.										
	Mobile phone	1	1	For emergency use only. To be carried by Deputy Team Leader for TTC.										
	Mobile phone bag*	1		Mobile phone to be sealed in bag by TM.										
	Tracker*	1		To be stowed clear of metal objects inside the top of the Team Leader's rucksack.										
	Team ID Panels*	2		With cable ties*. To be visible to aircraft and ground observers.										
Note book & pencil	2													
Camping	Tent	2		Sufficient tentage for all of team eg. sleeping for 6.										
	Cooking equipment	2		Stove, fuel, utensils, ignition etc.										
	Trowel	1		For digging toilet scrapes.										
	Water sterilisation	2		Sufficient means to enable 2 separate groups to sterilise independently.										
	Rubbish bag*	1												