

Routes - 45M [O- X] and 55M [W-Z], with Crash Times [CT] from 0900

Dated: 1 Oct 2021

45	ROUTE O	
	Oke Camp	
1	Steeperton Tor	
2	Fernworthy [SC]	
3	Postbridge [SC]	
4	Rough Tor	
5	Little Mis Tor [SC]	
via	Peat Cot [SC]	
6	Longaford Tor	
via	White Barrow	
7	Standon Farm [SC]	CT1010
8	Hare Tor	
via	Kitty Tor	
9	Nodden Gate [SC]	CT1350
10	Prewley Moor [SC]	CT1520
	Oke Camp	

45	ROUTE P	
	Oke Camp	
1	Prewley Moor [SC]	
2	Nodden Gate [SC]	
via	Kitty Tor	
3	Hare Tor	
4	Standon Farm [SC]	
via	White Barrow	
5	Longaford Tor	
via	Peat Cot [SC]	
6	Little Mis Tor [SC]	CT0900
7	Rough Tor	
8	Postbridge [SC]	CT1150
9	Fernworthy [SC]	CT1340
10	Steeperton Tor	
	Oke Camp	

45	ROUTE Q	
	Oke Camp	
1	High Willhays	
via	Watern Tor	
2	Sittaford Tor	
3	Water Hill	
via	Postbridge [SC]	
4	Rough Tor	
5	Longaford Tor	
6	Peat Cot [SC]	
7	Middle Staple Tor	
via	White Barrow	
8	Standon Farm [SC]	CT1130
via	Willsworthy [SC]	CT1240
9	Great Kneeset	
10	East Mill Tor	
	Oke Camp	

45	ROUTE R	
	Oke Camp	
1	East Mill Tor	
2	Great Kneeset	
via	Willsworthy [SC]	
3	Standon Farm [SC]	
via	White Barrow	
4	Middle Staple Tor	
5	Peat Cot [SC]	
6	Longaford Tor	
7	Rough Tor	
via	Postbridge [SC]	CT1010
8	Water Hill	
9	Sittaford Tor	
via	Watern Tor	
10	High Willhays	
	Oke Camp	

45	ROUTE S	
	Oke Camp	
1	East Mill Tor	
via	Steeperton Tor	
2	Sittaford Tor	
3	Postbridge [SC]	
via	Rough Tor	
4	Holming Beam [SC]	
via	Longaford Tor	
5	Peat Cot [SC]	
6	Middle Staple Tor	
7	White Barrow	
8	Standon Farm [SC]	CT1130
9	Willsworthy [SC]	CT1240
via	Great Kneeset	
10	Dinger Tor [SC]	CT1550
	Oke Camp	

45	ROUTE T	
	Oke Camp	
1	Dinger Tor [SC]	
via	Great Kneeset	
2	Willsworthy [SC]	
3	Standon Farm [SC]	
4	White Barrow	
5	Middle Staple Tor	
6	Peat Cot [SC]	
via	Longaford Tor	
7	Holming Beam [SC]	CT0900
via	Rough Tor	
8	Postbridge [SC]	CT1130
9	Sittaford Tor	
via	Steeperton Tor	
10	East Mill Tor	
	Oke Camp	

45	ROUTE U	
	Oke Camp	
1	Dinger Tor [SC]	
via	Steeperton Tor	
2	Buttern Tor	
via	Kes Tor [SC]	
3	Fernworthy [SC]	
via	Sittaford Tor	
4	Postbridge [SC]	
via	Longaford Tor	
5	Peat Cot [SC]	
6	Little Mis Tor [SC]	
via	White Barrow	
7	Standon Farm [SC]	CT1010
8	Willsworthy [SC]	CT1120
via	Nodden Gate [SC]	CT1220
9	Hare Tor	
10	Prewley Moor [SC]	CT1550
	Oke Camp	

45	ROUTE V	
	Oke Camp	
1	Prewley Moor [SC]	
2	Hare Tor	
via	Nodden Gate [SC]	
3	Willsworthy [SC]	
4	Standon Farm [SC]	
via	White Barrow	
5	Little Mis Tor [SC]	
6	Peat Cot [SC]	
via	Longaford Tor	
7	Postbridge [SC]	CT0930
via	Sittaford Tor	
8	Fernworthy [SC]	CT1130
via	Kes Tor [SC]	CT1230
9	Buttern Tor	
via	Steeperton Tor	
10	Dinger Tor [SC]	CT1550
	Oke Camp	

45	ROUTE W	
	Oke Camp	
1	Okement Hill [SC]	
via	Watern Tor	
2	Fernworthy [SC]	
3	Postbridge [SC]	
via	Longaford Tor	
4	Holming Beam [SC]	
via	White Barrow	
5	Little Mis Tor [SC]	
6	Peat Cot [SC]	
7	Rough Tor	
8	Standon Farm [SC]	CT1120
via	Hare Tor	
9	Great Kneeset	
via	Dinger Tor [SC]	CT1450
10	Oke Tor	
	Oke Camp	

45	ROUTE X	
	Oke Camp	
1	Oke Tor	
via	Dinger Tor [SC]	
2	Great Kneeset	
via	Hare Tor	
3	Standon Farm [SC]	
4	Rough Tor	
5	Peat Cot [SC]	
6	Little Mis Tor [SC]	
via	White Barrow	
7	Holming Beam [SC]	CT0940
via	Longaford Tor	
8	Postbridge [SC]	CT1150
9	Fernworthy [SC]	CT1330
via	Watern Tor	
10	Okement Hill [SC]	CT1540
	Oke Camp	

Rationale Why are there 32, rather than 26, A to Z routes?

As each route should have a similar number of teams, 16 pairs of routes have been devised - 9 at 35 miles, 5 at 45 miles and 2 at 55 miles - 32 routes in all. This provides the Route Allocation meeting in late April with the requisite flexibility to allocate the number of routes broadly pro-rata to the confirmed teams entered at each distance, resulting in similar numbers of teams per route whilst retaining the A to Z sequence.

NB The routes are devised per **River State AMBER** being normative for Dartmoor whilst offering rather more resilience, should the weather be worse than usual.

Key

Numbered Tors are in **BOLD** text and the Vias are not; both are **mandatory on the route in question**, irrespective of whether they are Safety Controls [SC] or Checkpoints [CP], per the Ten Tors Rules.

35 mile routes - NT [Night Times] = 3kph + 1 min/10m height gain, rounded to the previous whole 10 minutes - e.g. 1849 = NT1840 - to enhance the safety margin.

CT [Crash Times] = 3.75kph + 1 min/10m height gain, rounded forwards to the next whole 10 minutes - e.g. 1451 = CT 1500 - adding a little extra completion time.

45 mile routes - CT [Crash Times] = 4kph + 1 min/10m height gain, rounded forwards to the next whole 10 minutes

55 mile routes - CT [Crash Times] = 4.5kph + 1 min/10m height gain, rounded forwards to the next whole 10 minutes

55	ROUTE W	
	Oke Camp	
1	Dinger Tor [SC]	
via	Watern Tor	
2	Steeperton Tor	
via	Buttern Tor	
via	Kes Tor [SC]	
3	Fernworthy [SC]	
4	Postbridge [SC]	
via	Rough Tor	
5	White Barrow	
via	Middle Staple Tor	
6	Peat Cot [SC]	
7	Longaford Tor	
8	Standon Farm [SC]	CT1100
via	Willsworthy [SC]	CT1200
via	Nodden Gate [SC]	CT1310
9	Kitty Tor	
via	Great Kneeset	
10	East Mill Tor	
	Oke Camp	

55	ROUTE X	
	Oke Camp	
1	East Mill Tor	
via	Great Kneeset	
2	Kitty Tor	
via	Nodden Gate [SC]	
via	Willsworthy [SC]	
3	Standon Farm [SC]	
4	Longaford Tor	
5	Peat Cot [SC]	
via	Middle Staple Tor	
6	White Barrow	
via	Rough Tor	
7	Postbridge [SC]	CT0930
9	Fernworthy [SC]	CT1100
via	Kes Tor [SC]	CT1200
via	Buttern Tor	
9	Steeperton Tor	
via	Watern Tor	
10	Dinger Tor [SC]	CT1600
	Oke Camp	

55	ROUTE Y	
	Oke Camp	
1	Great Kneeset	
via	Steeperton Tor	
2	Watern Tor	
via	Sittaford Tor	
3	Water Hill	
4	Postbridge [SC]	
5	Peat Cot [SC]	
via	Middle Staple Tor	
6	White Barrow	
via	Holming Beam [SC]	
7	Longaford Tor	
via	Rough Tor	
8	Standon Farm [SC]	CT1050
via	Nodden Gate [SC]	CT1310
9	Hare Tor	
via	Kitty Tor	
10	Prewley Moor [SC]	CT1530
	Oke Camp	

55	ROUTE Z	
	Oke Camp	
1	Prewley Moor [SC]	
via	Kitty Tor	
2	Hare Tor	
via	Nodden Gate [SC]	
3	Standon Farm [SC]	
via	Rough Tor	
4	Longaford Tor	
via	Holming Beam [SC]	
6	White Barrow	
via	Middle Staple Tor	
7	Peat Cot [SC]	CT0950
7	Postbridge [SC]	
8	Water Hill	
via	Sittaford Tor	
9	Watern Tor	
via	Steeperton Tor	
10	Great Kneeset	
	Oke Camp	

[CT1600 @ Dinger Tor [SC]]