

NOTES OF TOPICS COVERED BY TEN TORS WORKING PARTY DURING TEAM MANAGERS BRIEFING 8 OCT 16

LATE, INACCURATE AND INCOMPLETE ENTRIES.

The Ten Tors computer database permits closer examination of entries than in previous years. Selectors are required to uphold the Rules, failure to do so would bring the Army into disrepute and would be material evidence in a court case.

The main problems this year were insufficient qualified walking leaders. The pressures on teachers and leaders are understood and it is recognised that finding sufficient walking leaders with appropriate qualifications is difficult. The South West Outdoor Education Advisory Panel, have recommended the minimum quantity of qualified leaders and how you should prove equivalence for those who aren't formally qualified. The Ten Tors Organisers only ask to be reassured that you have one walking qualified leader per team – your risk assessment will probably drive you to having more leaders to ensure the safety of the larger number of walkers you have in training. Whichever body authorises your training will have to decide the level of risk acceptable to them and will have views on when remote supervision is appropriate instead of having a qualified leader with a walking group during training..

A second problem was the duplication of entries; both the same person being declared by more than one establishment or the listing of Team Managers with Group Leaders. The requirement to correct this has been promulgated.

PAYMENT

TMs must comply with payment instructions. Last year it took hours of effort and over 3 months to resolve. PayPal remains our preferred payment method, providing automatically instant identification of team paid for and update of Team List to confirm payment. BACS is a poor second. Payments by cheque caused problem because Estbs were not identified or a different body to the Estb sent an unidentified payment or cheques lost in post. This year, Estbs not paying on time will face sanctions, including rejecting team allocation.

Fees for TT17 have been published:

After no rise in entry fees for a while please note (for your planning purposes) that there will be an increase in 2017.

TTC: Entry fees for the TTC in 2017 will be £160 per team (less than a 7% rise on previous fees).

JC: Entry fees for JC in 2017 will be £12:75 per head (less than a 7% rise on previous fees).

Car Park: Car Park fees will remain as £5 per day or £10 for the Weekend.

TRAINING

Training Programmes. The purpose of the Outline Training Programme is to provide information to reassure the Dartmoor Steering Group members that training is being spread and the agreement within the Dartmoor Steering Group will be observed; that between 1 Feb and the Event on North Dartmoor walkers per team do not exceed 12 and only 4 days are programmed on the North Moor by each Establishment. It also provides the opportunity for

the Organisers to check in advance that Establishments intend to comply with the Ten Tors Rules. The Ten Tors Training on Dartmoor form that has to be submitted by the Wednesday preceding the training is made available to the Police, Dartmoor Search and Rescue Group, Dartmoor National Park Authority Rangers and Ten Tors Officials to assist in the event of an emergency, incident, complaint or non-compliance with the Ten Tors Rules. In addition, statistics derived from this Form are used to check compliance with agreements reached within the Dartmoor Steering Group.

Estb Code. Please display in vehicles but not necessarily in private cars.

Parking. We hope to make Willsworthy Rifle Range Butts and Okehampton Camp square available for parking to reduce pressure at Lane End and on the Moor. An announcement will be made in the TT Notices.

Middle Merripit track. The farmer's permission to use it during training is being sought. Watch the TT Notices.

RBNA. The Army is asking DNPA to produce the RBNA boundaries in .gpx format.

AWARDS

As you will have seen on the website, there are now two types of awards; long service and meritorious service. Awards have also been introduced for 30 and 40 years' service. Who will be the first to have a 50 year award? Please start applying. Deadline is 25 Apr 17. We have also regenerated the Award for Meritorious Service. Contact the TT Sec if you know of a deserving person or team.

Thu 14 Apr 2016: TEN TORS AWARDS

As a result of a review of Ten Tors Awards, the Tri Award for Meritorious Service has been formalised and 2 additional service periods added to the Volunteer award.

Applications for the Tri Award should be made by letter addressed to the Ten Tors Secretary 1ARTYX-SW-TenTors-MAILBOX@mod.uk. Applications for the Volunteer Award should be made on the [Application Form](#). For presentations at Ten Tors 16, applications must be made by not later than 25 April 2016.

TEN TORS TRI-AWARD FOR MERITORIOUS SERVICE.

The Tri Award may be awarded to military and civilian personnel involved in the organisation of Ten Tors for meritorious service contributing to its success. It may also be awarded to participants or a team, who gallantly assisted others.

TEN TORS VOLUNTEER AWARD

The Volunteer Award, was introduced in Ten Tors' 50th anniversary year. It has been a great success in recognising the loyal support given to the Challenges. Awards for those who have given 30 and 40 years' service have been added. These will be the diamond and platinum awards respectively.

The list of recipients is being updated so that the year of achieving the required period of Service is noted rather than the date of the Award.

PRE REGISTRATION

Policy Ctee has re-examined and confirmed age groups. Main reason – stress of walking and impact of carrying heavy loads on physical development of young people.

The process worked well. Thank you. Do make sure that pre-existing medical conditions are accurately recorded so that the Medical Director has relevant information; the condition, medicines carried, allergies.

Correct completion is a great advantage to you (and us) as it avoids the time consuming amendment of the details.

REGISTRATION

Registration was quick and efficient now that it is dealt with by Estbs. JCSys have recognised the tracker issue problem and will improve speed of distribution.

No further maps will be issued at Registration. Teams must have military map as it clearly shows non camping areas eg commons with thick brown line surrounding, public access land that is not a Common.

For TT17 only one camp site location form will be required for each Estb.

TEN TORS CHALLENGE

UNDERSTANDING DARTMOOR. We must continue to show care for Dartmoor and give consideration to the landowners, local people and the farmers, who earn their livelihood from the Moor. Key to this is educating your walkers about Dartmoor's history, ecology and landscape. More effort required by all of us.

GATES. The problem of accessing the Triangular Field is well known. Solutions are being investigated. If a gate should be locked, inform the Quartermaster of 6 Rifles.

SCRUTINEERING. Introduction of random scrutineering after the Finish will be continued. No significant deficiencies were noted. Provided Director with confidence that teams were carrying appropriate kit, prepared for the worst.

COMPLIANCE. Rules must be adhered to. Only permitted roads and crossings may be used. Appropriate river crossings must be used. 45 and 55 mile teams must wild camp outside of 1000m radius of SC/CP.

JB addressing - Maps must be marked up with RBNA and routes carefully planned by team and checked by TM..

BOUNDS. We are hopeful that the private track to the North of Middle Merripit Farm will be available for the training as well as for the Challenge.

MEDICAL. Some concerns were voiced about the medical staff, provided by BRC, being over enthusiastic, over cautions and preventing teams from continuing. The Ten Tors Challenge requires self-sufficiency. Medical advice is:

Participants are expected to be self-sufficient from a basic first aid perspective whilst taking part in Ten Tors.

The Comd's Medical Advisor has written: *Advanced First Aid will be provided at various locations during the Challenges in order to provide higher level emergency medical support to the participants. The British Red Cross (BRC) personnel are to stabilise the injury, apply the appropriate level of care in order to prevent the injury from becoming worse. They are to*

advise Silver Control on any patients that on clinical presentation are at risk of further injury or are in a condition that would prevent them from continuing. Commander Medical and the Ops room staff will then make the executive decision as to the best course of action. BRC Staff are not empowered to make this decision unilaterally and cannot tell a participant to fall out.

Safety Controls and Checkpoints will be provided with clear triage guidance in order that the correct clinical information can be sent to Commander Medical and the Ops room so that a speedy decision can be made as to the appropriate clinical course of action.

Participants are advised to drink a combination of water and Isotonic drinks whilst taking part in the Challenge. This will ensure that they are correctly hydrated and that their electrolytes are maintained to sustain the physical condition of the participants during this endurance event. Team Managers are to note that it should be a balance of both, not just water or just isotonic drinks. Powdered isotonic drinks that can be purchased from sports shops should be carried and mixed with water rather than carrying premixed drinks due to the weight implications.

Data from recent TT Challenges have shown that a significant but not excessive number of participants present with chest pain at First Aid posts. Clinical examination show that this is due to muscular pain resulting from incorrectly adjusted rucksacks with chest straps that are too tight. Team Managers are to ensure that during training participants are made aware that the weight of the rucksack should be balanced between the waist belt and the shoulder straps, with the majority of the weight taken on the waist belt at the hip. Please note that the chest strap is designed to keep the shoulder straps in the correct location and should not be too tight.

Please see the Deuter manufacturers advice on how to set up a rucksack straps - <http://www.deuter.com/DE/en/backpack-tips.html>.

Linked to this is the need to teach youngsters how to eat healthily when taking part in endurance activities.

Bottom line: If participants ask for assistance, they place the decision on whether or not they should be allowed to continue in the hands of others.

MOBILE PHONES. If a team mobile phone is used consideration will be given as to whether this impinges the self-sufficiency principle. In which case this could result in the team being crashed out. Arrangements will be made for the phone to be resealed at the next SC/CP to prevent reuse especially GPS enabled smart phones.

FINISH. Hope to provide a new wider finish arch so that teams can arrive in line.

TMS AND DEPUTIES MOBILE PHONES. Must be kept charged and available for use throughout the Challenge so that they can be contacted in an emergency. Consider use of Power Monkey, vehicles etc. The Army are trying to find alternative main power supplies that do not compromise the IT in Bldg 83.

LESSONS LEARNED. We will again ask TMs of non-compliant teams or teams that fail to finish, what lessons have been learnt. Need to investigate and share lessons learned especially

those relating safety. After TT17 will again write to TMs with teams that failed to comply with Rules and those that failed to complete the Challenge seeking your experiences and what you will be doing about it. Concern that some Estb might have had a first class A team and a less good B team. If more than one team allocated, must be balanced and competent. TMs will need to make use of the .kmz files as extracts will not be included in the letters.

COMUNICATIONS

The Ten Tors website provides official communications by the organisers as well as publicising the Event. The Ten Tors Facebook is an unofficial mean of communication that is used to provide reminders, receive feedback and allow communication between anyone with an interest in Ten Tors.

LOOKING FORWARD

Only 6% of the TTC teams fell or were crashed out. This is down to good preparation by TMs and fantastic walking conditions. BUT don't drop your guard. Prepare for the worst and hope for the best of walking conditions.